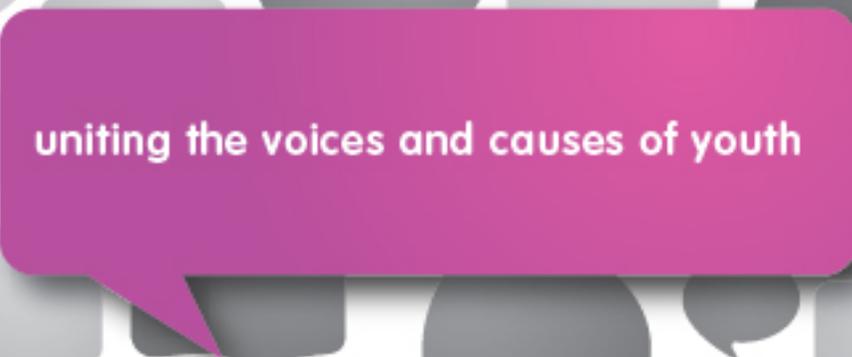




**YOUTH  
M.O.  
V.E.  
NATIONAL**



uniting the voices and causes of youth

annual report • twenty thirteen

## Dear Youth MOVE Supporters,

In our first year as an independent organization, strong teamwork and unity with the Board of Directors and our National Leadership Team have resulted in unprecedented organizational, financial and programmatic growth. Certainly, this would not be possible without the help of all of our supporters along the way.

While we were able to continue our flagship programs, including Dare to Dream, Speaker's Bureau and Consultant Pool, Rock Star Awards and Chapter Membership programs; we welcomed the addition of several new programs. In response to continual requests for youth voice, we welcomed the next generation of youth leaders to the Youth MOVE family through the establishment of the National Young Leader's Network (NYLN). In line with our value of believing in young leaders, we engaged a local young leader to replicate a policy initiative, What Helps What Harms, on a national scale. Our chapter network grew from 58 to 70 chapters in our first year, welcoming new chapters from 8 new states.

With funding from SAMSHA, YMN also established the National Commission on Youth Peer Support to develop the first ever national practice standards for youth peer support in the field of mental health. Youth MOVE National participated in the development of four publications, including the Youth Advocate to Advocate for Youth Guide: The Next Transition, Guide to Language in the Youth MOVEMENT, a book chapter being published by SAMHSA, and several national presentation and webinars. We were involved in 19 national meetings and conferences, including partnering as a cohost with the BRSS-TACS National Youth Recovery Leadership Summit where over 100 youth were in attendance.

Youth MOVE was invited to partner and promote 11 national social media campaigns and initiatives, including the Caring for Every Child's Mental Health Campaign, National Recovery Month and the White House National Dialogue on Mental Health. The message of Youth MOVE was able to reach a live audience of over 3500 people during the National Kickoff event for Children's Mental Health Awareness Week with HHS Secretary Sebelius and singer and actress Demi Lovato. We proudly partnered with the White House National Dialogue on Mental Health with Vice President Biden, and President Obama himself.

Financially, through the work of many partnering agencies, we were able to exceed our funding goals, ultimately seeing a 209% increase in our budget by the end of the first fiscal year. We were able to bring two of our staff from half to full time, and welcomed our first intern. We solidified partnerships through subcontracts with the Center for Innovation and Implementation at the University of Maryland Baltimore as a member of the newly formed TANetwork to serve communities funded through the Children's Mental Health Initiative (CMHI); with Georgetown University to support youth guided work for the Healthy Transitions Initiative, and Trauma Informed Method of Engagement (TIME) Model; with RTC Transitions at Portland State University for the Youth Advocate to Advocate for Youth publication; with AIR for the development of National Youth Peer to Peer Standards; and with Westat to provide youth guided approach to the CMHI initiative.

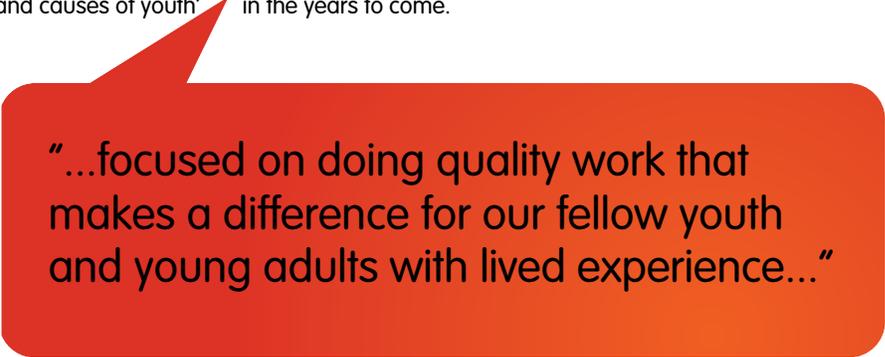
Collectively, Youth MOVE and our chapters were able to have an impact on over 40,000 people, and engage over 30 partners and collaborating organizations.

While we stay busy and focused on doing quality work that makes a difference for our fellow youth and young adults with lived experience, it's important to take time out to celebrate our achievements. We hope that all of our supporters take time to celebrate with us, and look forward to continued partnerships and support in 'uniting the voices and causes of youth' in the years to come.

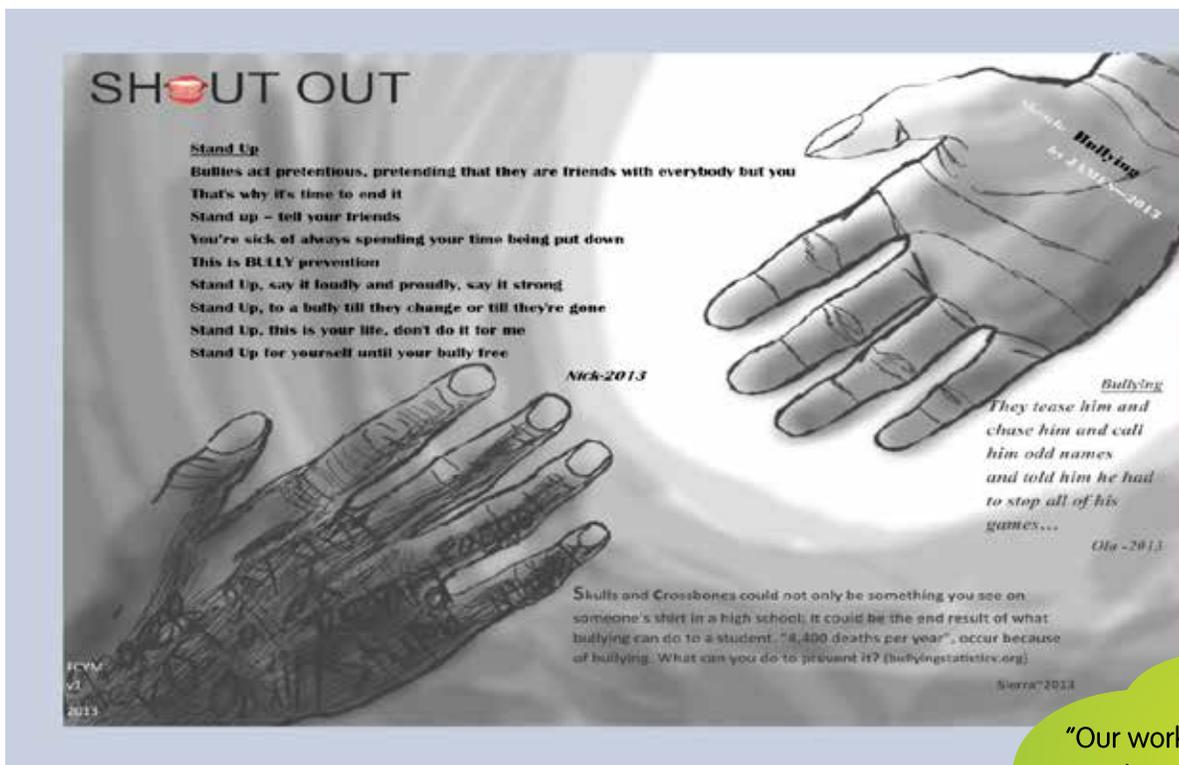
Sincerely,



Lacy Kendrick Burk  
Executive Director



"...focused on doing quality work that makes a difference for our fellow youth and young adults with lived experience..."



“Our work is directed by a passionate, systems-experienced staff...”

### What is Youth MOVE?

Youth M.O.V.E National is a national, youth-led organization devoted to improving services and systems that supports positive growth and development by uniting the voices and causes of individuals who have lived experience in various systems. Our work is directed by a passionate, systems-experienced staff; a Board of Directors with young adult representatives comprising a minimum of 60% of the membership; a National Young Leaders Network; and a network of 70 chapters of young people across 34 states. We advocate for youth rights and voice in mental health and the other systems that serve them, for the purpose of empowering youth to be equal partners in the process of change and guide the redevelopment of the youth serving systems with the intent that no youth falls through the crack, and all youth will utilize their power and expertise to foster change in their communities and in their own lives.



Youth MOVE New Jersey- HSW youth working on team building skills at a leadership workshop

### Our Vision

We the members of Youth 'Motivating Others through Voices of Experience' (M.O.V.E.) National envision systems in which every young person that enters a youth serving system is being prepared for life through genuine opportunities and authentic youth involvement throughout all systems levels. We help guide the redevelopment of the systems so that no youth falls through the cracks. We advocate for youth to utilize their power and expertise to foster change in their communities and in their own lives. Youth M.O.V.E. National works toward the day when all people will recognize and accept the culture of youth, their families, and the communities that serve them in order to be truly culturally-competent. Youth M.O.V.E. National looks forward to the day when youth are no longer treated as numbers, problems or caseloads, but as individuals and humans. We will all stand as partners: youth, youth advocates, supporters, parents, and professionals to see our youth become successful.

### Our Mission

We the members of Youth M.O.V.E. National will work as a diverse collective to unite the voices and causes of youth while raising awareness around youth issues. We will advocate for youth rights and voice in mental health and the other systems that serve them, for the purpose of empowering youth to be equal partners in the process of change.

### What is Youth voice?

The engagement, representation and application of lived experience of young people in program and systems development and implementation.

uniting the voices and causes of youth

### Board of Directors

- Marvin C. Alexander, President\* (Louisiana)
- Tyrus Curtis, Vice President (New York)
- Brittany Holt, Secretary\* (North Carolina)
- Laura Rariden, Treasurer (Oregon)
- Aaron Bennett\* (Kansas)
- Amber Lewis\* (California)
- Mallory Cyr\* (Massachusetts)
- Devin Fox\* (Pennsylvania)
- Lauren Grimes\* (Maryland)
- Kendrick Terry\* (Illinois)
- Kathryn Patten (New Jersey)
- Elizabeth Zirkle Waetzig, JD (Indiana)
- Antonio Wilson\* (Florida)

### National Leadership Team

- Lacy Kendrick-Burk, Executive Director
- Raphaelle Alexander, Director of Resource and Development
- Johana Bergan\*, Director of Membership
- Jeremy Long\*, Director of Operations
- Brianne Masselli, Director of Evaluation and Technical Assistance

\* Under 30  
60% youth or young adults

### Population of Focus

#### Youth Advocate

A young person, typically between the ages of 15 -25, who utilizes lived experience to educate, inform, motivate, and inspire other in an effort to create positive change,

#### Advocate for Youth

A young adult, typically between the ages of 25 – 35, who has transitioned from being a Youth Advocate into a role of being a Youth Advocate into a role of advocating for youth involvement across individual, program and system levels. This person may still share personal experience, but focus is on supporting Youth Advocates to utilize their voice as agents of change and creating opportunities for youth voice within systems.

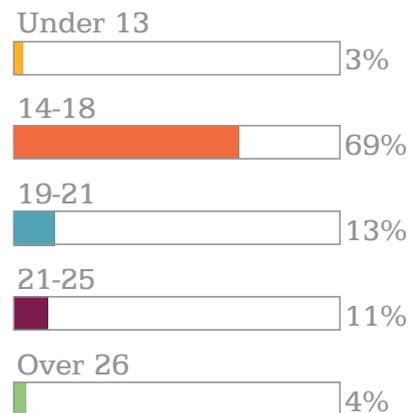
#### Supportive Adult

An adult ally who supports young people in utilizing their voice in systems change.

## AGES OF MEMBERS

So what ages are represented within the Youth MOVE chapters?

Here are the ages broken down.



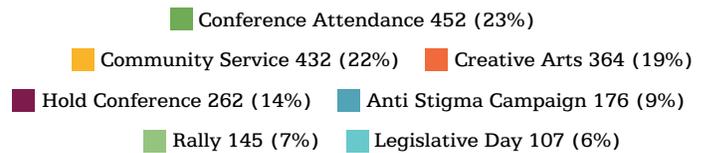
Ages of Members

Graph designed by Pikto chart.

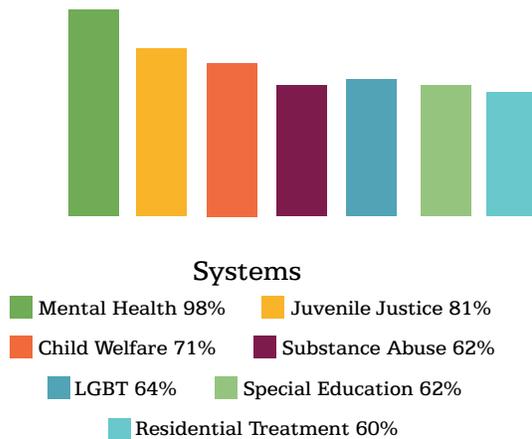
## CHAPTER PURPOSE

So what do Youth MOVE chapters do?

Here they are broken out by number of youth participating in activities!



Chapter Involvement



## LIVED EXPERIENCE

Youth Advocates from Youth MOVE National Chapters share #voicesofexperience from these systems. See what systems are represented in our chapters most frequently.

Graphs designed by Pikto chart.

## Accomplishments

# 8967

## Youth Members of Youth MOVE Chapters\*



Members of Youth MOVE Saginaw thank the mayor for attending their Children's Mental Health Awareness Day event (MI).

# 42256

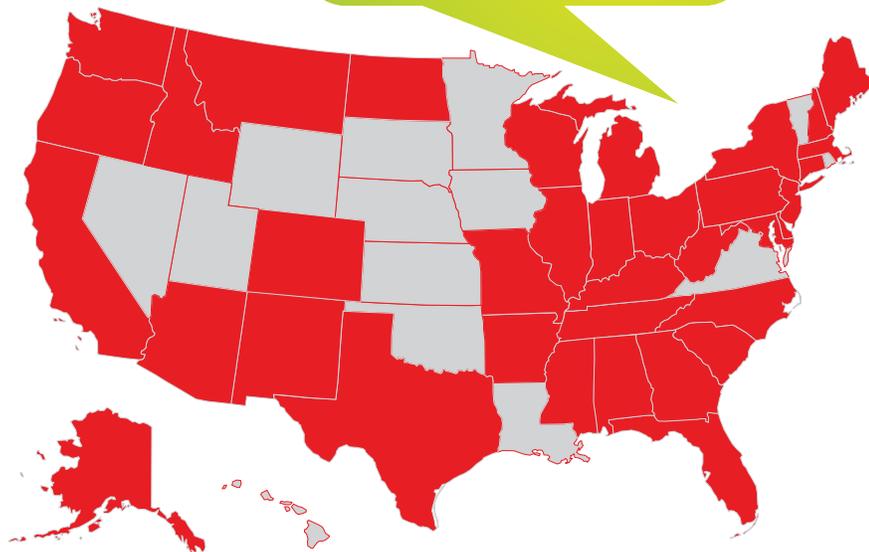
## Collective National Impact\*



Onondaga Youth Move youth at Families Together - Legislative Awareness Day in Albany NY February 2013 (NY)

**\*Data from chapters reporting in calendar year 2013**

"During 2013 approximately 1600 hours were spent providing support to our chapters..."



# FIND A CHAPTER

Graphs designed by Pikto chart.

YMN supports an expansive network of chapters and members! During 2013 approximately 1600 hours were spent providing support to our chapters and the development of youth voice. 2013 also welcomed 12 chapters from New Jersey, Wisconsin, Arkansas, Mississippi, New Hampshire, New York, Maryland and Colorado into the YMN family for a grand total of 70 chapters across 34 states.



Dare to Dream

Rise Up Youth MOVE Nassau County using their gifts and talents remove stigma (NY)

### Dare to Dream America

Dare to Dream supports youth designed and led programs and events in local communities that address mental health awareness and the stigma attached to mental health challenges. This year welcomed 13 community projects ranging from youth conferences,

day camp and 3-Act Play to movie premier, bowl-a-thon, and social media/internet campaigns. Big shout out to awarded communities in Mississippi, New York, South Carolina, Florida, Illinois, California, Pennsylvania, Idaho, New Jersey and Maryland.



### Rock Stars 2013



### RockStar Award

The RockStar Award honors individuals and organizations that have made an outstanding contribution to the improvement of services and systems that support positive growth and development of young people who have lived experience in various child-serving systems including, but not limited to, mental health, juvenile justice, education, and child welfare.

The 3rd Annual Rock Star Awards were awarded in 2013 to:

- Youth MOVE Oregon (YMN Chapter Award)
- Brendan Ward (Youth Advocate Award)
- Ratisha Carter (Marlene Matarese Advocate For Youth Award)
- Gwen White (Dr. Gary M. Blau Professional Award)
- Georgetown University Center for Child and Human Development (Organization Award).

## National Young Leaders Network

National Young Leaders Network supports Youth and Youth Advocates who have a passion and experience to provoke positive change within youth serving social systems utilizing authentic youth voice. 2013 welcomed 14 members from Oregon, Maine, North Carolina, California, Massachusetts, Florida, Kentucky, Wisconsin, Mississippi



Meet National Young Leader Network Member Calley of Youth MOVE NEXT, Glenn County (CA).

“We all know Youth Advocates transition to Advocates for Youth; and in an effort to sustain the youth movement, Youth MOVE will unveil the Generation Next program. The Generation Next program provides events, experiences, mentorship, leadership development and opportunities to model authentic youth-adult partnerships.”

## National Young Leaders Network Members

Allie (CA)	Megan (FL)
Ariana (OR)	Nico (MA)
Brad (NC)	Niketa (NC)
Calley (CA)	Olliver (MS)
Chandra (MA)	Rudy (OR)
Dylan (MA)	Rebecca (WI)
Jonathon (NC)	Verlese (FL)
Kiara (MS)	

## National What Helps What Harms Initiative

The What Helps, What Harms Policy Initiative supported the scaling up of an effective project in a local community to the national level. The Policy Initiative was launched to create a space for the Youth MOVE Network to organize and present the youth perspective of what services and social supports help them to lead successful lives and what needs to change. WHWH will guide YMN's strategic focus. Children's Mental Health Awareness Day 2014 will feature a launch of this information to the nation. A huge thanks goes out to our WHWH Project Director, Jessica Grimm for leading this initiative!



Youth MOVE North Carolina INC.



SITY Youth MOVE having a blast at CMHAD 2013 rally (PA).



Pascua Yaqui Youth MOVE and elders dancing at a community service event the youth facilitated with the Local Senior Center called "Senior Fun Day" (AZ)

### Youth Peer to Peer Support

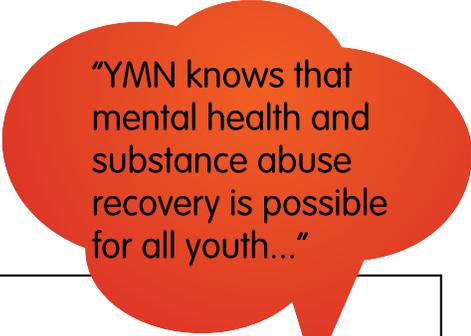
YMN knows that mental health and substance abuse recovery is possible for all youth; in order to effectively deliver recovery services, there must be national, youth-driven standards developed for all states implementing peer-to-peer services. 2013 saw the development and facilitation of a National Commission on Youth Peer to Peer Support, practice standards and key values. These standards and key values serve as a guidepost for all states wishing to develop their own curricula. YMN is committed to the National Youth Peer to Peer Support Standards and will continue to evolve as further information is provided by youth and young adults receiving and offering peer support.



Lacy Kendrick-Burk, Demi Lovato and Pam Hyde, SAMHSA Administrator celebrating 2013 National Children's Mental Health Awareness Day

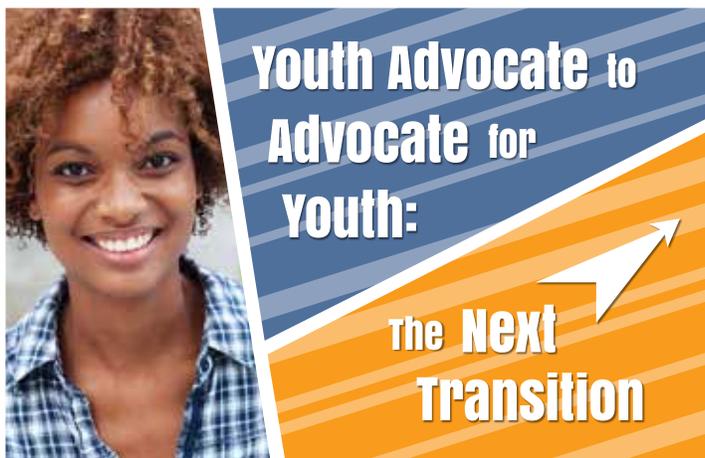
### Children's Mental Health Awareness

This year Mental Health Awareness week was celebrated with Secretary Kathleen Sebelius, US Secretary of Health and Human Services Secretary, Pamela Hyde, SAMHSA Administrator and Singer Demi Lavato. Our team managed to reach close to 10,000 people on social media networks including Twitter, Facebook and Tumblr. Every year we celebrate children's mental health awareness with youth advocates, community leaders, government officials and families every year.

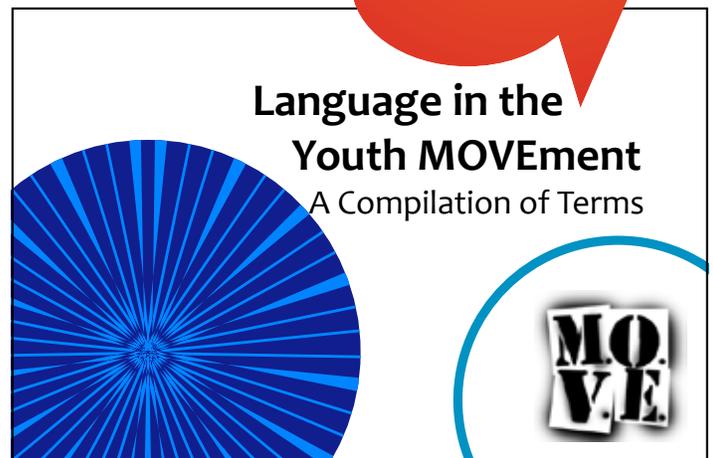


"YMN knows that mental health and substance abuse recovery is possible for all youth..."

### Publications



<http://www.pathwaysrtc.pdx.edu/pdf/pb-Youth-Advocacy-Guide.pdf>



<http://www.youthmovenational.org/sites/default/files/Language%20in%20the%20Youth%20MOVEMENT%20Web%20FINAL.pdf>

# Financials

## 2013 Actual

- \$261, 078 Revenue and Support Total Number

- \$195,849 Expenses

- \$107,476 Personnel and Fringes

- \$56,124 Programs and Services

- \$32,249 Travel and Logistics

- \$65,229 Change in net assets

- \$49, 207 Net assets, beginning of year

- \$114,436 Net assets, end of year

“Thank you...Your support and generosity makes our work possible.”

Thank you to everyone who supported and donated to Youth MOVE National during 2013! Your support and generosity makes our work possible. You can view a complete list of fiscal year 2013 supporters online at [www.YouthMOVENational.org/AnnualReport2013](http://www.YouthMOVENational.org/AnnualReport2013)

A Special Thank You to:

- U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Agency
- The Institute for Innovation and Implementation at the University of Maryland School of Social Work
- National Technical Assistance Center for Children’s Mental Health at the Georgetown University Center for Child and Human Development
- American Institutes for Research
- WESTAT

## Chapter Directory

Alabama Youth MOVE  
Youth MOVE Alaska  
Youth Creating Change  
Youth MOVE Pascua Yaqui Tribe  
Youth MOVE Arkansas  
    Craighead County Youth MOVE  
    Mississippi County Youth MOVE  
    Greene County Youth MOVE  
    Ozark Region Youth MOVE  
    Y.A.H.C. Youth MOVE  
Youth MOVE Movers  
Youth MOVE of the Delta Phillips County  
North Little Rock Dream Team Youth MOVE  
Monroe County S.T.E.A.M. Youth MOVE  
Lawrence County Youth MOVE  
West Memphis Youth MOVE  
Youth MOVE NEXT (Now Everything Connex Together)  
Youth Voice Colorado  
Youth MOVE of SECT  
Southeast Mental Health System of Care  
YES Youth MOVE  
Youth MOVE Florida  
Youth MOVE Jacksonville  
Youth MOVE Miami Through the Arts  
Youth MOVE Seminole  
Youth MOVE Georgia  
Youth MOVE Idaho  
Youth MOVE Illinois  
Youth MOVE Indiana  
Kentucky Youth MOVE  
Youth MOVE Maine  
Mo County Allstars  
Youth MOVE of Wicomico  
Youth MOVE Massachusetts  
Youth MOVE Saginaw  
Youth MOVE Mississippi  
    "I Got You" Youth MOVE  
    NLY IV (NFusion Youth Leaders 4) Youth MOVE  
    Queen City Youth MOVE  
    Red Hill Rollers Youth MOVE  
    Youth MOVE Mississippi Swag Stars  
Youth MOVE Missouri  
Youth MOVE Kansas City  
Youth MOVE Montana

uniting the voices and causes of youth

Youth MOVE New Jersey  
    Atlantic Cape  
    Camden  
    Monmouth  
    HSW  
    Hudson  
    Essex  
    Burlington  
    Mercer  
South MOVE New Hampshire  
YouTHink New Mexico  
Onondaga Youth MOVE  
RISE Up! Youth MOVE Nassau County  
Orange County Change Agents  
WAVE Youth Leadership Association  
SWAT (Spreading Wellness Around Town) Youth Council  
Youth MOVE North Carolina  
Youth MOVE BeyoND  
East End Youth MOVE  
Ohio Legacy Youth Council Youth MOVE  
Youth MOVE Ohio  
Youth MOVE of Clermont County  
Youth MOVE Oregon  
Youth MOVE Kairos  
Fayette County Youth MOVE  
SITY on the MOVE  
Youth MOVE Philadelphia  
Youth MOVE South Carolina  
Youth MOVE Tennessee  
Youth That Care MOVE Memphis  
Alamo Area Youth MOVE  
Youth MOVE Houston  
Lummi Nation - I.P.O.D. Youth M.O.V.E.  
Youth MOVE West Virginia  
MOVE Wisconsin

[www.youthmovenational.org](http://www.youthmovenational.org)

