

Youth MOVE Chapter Activities

Chapters in the Youth MOVE National network are required to participate in at least three projects or activities annually which are directly in relation with Youth MOVE National's mission. One of the three required activities must be connected with the promotion of Children's Mental Health Awareness Day, which occurs the first week of May. Any of the following ideas could be used for this activity, but please feel free to look beyond this list for this important awareness raising day.

At least two other projects should be planned and implemented by each Youth MOVE chapter. These should be selected from the following list and may occur at any time during the year. Most chapters are involved in many more activities throughout the year - this list should not be found limiting or restrictive.

Information about these activities will be reported in each chapter's annual report due January 15 each year.

Activities based on chapter purpose areas:

Recreation and Peer Networking

Community Involvement and Advocacy

Host panel discussions with youth who have experienced the mental health system educating providers, educators, general community, etc...

Develop community resources including brochures and guides for youth

Community Mapping

Collaborate with other youth driven organizations to create sustainable change in youth serving systems

Evaluation of youth services available

Youth Conference

Youth Celebration

Youth Summit or Rally

Personal Development and Empowerment

Community Service

Youth Voice Development and Leadership Training

Creation of Digital Stories

Leadership, Advocacy, Strategic Sharing Trainings

Mental Health First Aid Training

Trips to state/federal capitals for legislative policy

Social Marketing and Awareness Building

Design posters for schools, libraries, youth centers, and community organizations and agencies

Design bookmarks, postcards to distribute at every library in your community

Create a PSA for a local radio station or cable TV

Write press releases about Children's Mental Health Week for local newspapers and newsletters or other important mental health topics throughout the year

Write editorials to local newspapers

Marketing/education campaigns including awareness raising and stigma reduction

Create website and other promotional materials

Peer Service Delivery

Apply for grants

Hold fundraisers

All activities should focus on areas outlined in Youth MOVE National's mission and vision, i.e. Mental Health, Juvenile Justice, Child Welfare, Substance Abuse, and be youth-initiated.

Chapter Chat

Each month, a chapter peer connection call is facilitated by a Youth MOVE National team member and chapter network members. Topics are chosen via feedback received through annual reports, membership surveys and by special request throughout the year. Chapter Chat is a great way to meet and learn from other Youth MOVE chapter leaders and members. **At least one representative from your chapter is expected to participate on at least 9 calls per year.**