



# Training Spotlight: Back to Basics & Back 2 Basics



## WHAT IS BACK TO BASICS?



Back to Basics were **no-cost** virtual fundamental workshops around best practices for youth engagement (or youth-focused recovery supports) for youth, young adults and those who serve youth! Workshops included:

- **Foundations of Youth Engagement**
- **Strategic Sharing**
- **Youth Peer Support 101**
- **Actually, You're Doing It Wrong! What DEI Work Should & Shouldn't Look Like Within Organizations**
- **Trauma-informed Youth Peer Support (Part 1 & 2)**



**Back to Basics  
Individuals Trained**

**73**



**Back 2 Basics  
Individuals Trained**

**37**



**Total Individuals  
Trained in Series!**

**110**

## TRAINING TESTIMONIES



Facilitators were very welcoming.

- Back to Basics Attendee

I liked the examples and how they were posed. I also appreciate the flexibility of the presenters.

- Back to Basics Attendee

## PARTICIPANT FEEDBACK



Participants were sent an evaluation survey after the trainings, below are the results collected:

**Knowledgeable Facilitators**

**100%**

Every participant (100%) agreed that the facilitators were knowledgeable and well-prepared. The session was described as helpful, with clear objectives and content that was easy to follow.

**Utilizing Knowledge in Community**

**100%**

100% of participants indicated they would be able to apply the knowledge and skills learned during the session within their community, demonstrating the practical value of the content.

**Overall Experience**

**100%**

0% 20% 40% 60% 80% 100%

100% of participants stated they would recommend the training to others, suggesting high satisfaction and confidence in the value of the session.

**Interested in Receiving Technical Assistance and/or Consultation from The Youth MOVE National Peer Center?**  
Contact us at [info@youthmovenational.org](mailto:info@youthmovenational.org)!