



## Impact Spotlight:



### Youth MOVE National Team Visits Youth MOVE Colorado!

Last month, the Youth MOVE National team was able to visit the 2024 Chapter of the Year winner – **Youth MOVE Colorado!** It was a jam-packed day in beautiful downtown Denver with amazing and passionate youth leaders and adult partners from all over the state. There was a strategic visioning presentation led by the chapter VISTAs, a youth-only conversation around the importance of doing this work, a collaborative state partnership meeting, and a workshop around power-sharing, led by our Executive Director, Tay. Youth MOVE Colorado is a true testament of what authentic youth-driven work can look like!!



Learn More about Youth MOVE CO by visiting:  
[youthmoveco.org](https://youthmoveco.org)



## Training Spotlight:



### Youth Thrive 4 Youth

The YT4Y training supported young people's understanding of the application and practice of the five Protective and Promotive Factors—resilience, understanding adolescent development, social connections, cognitive and social-emotional competency, and concrete supports. By exploring these key factors, participants gained a deeper insight into their lived experiences, emotions, and needs. Through promoting healing, supportive relationships, and personal growth, participants are now equipped with the awareness on how to navigate challenges and sustain their well-being.

– Miss Pink (She/Her)  
Youth Thrive 4 Youth Facilitator



**Youth Thrive 4 Youth  
Individuals Trained**

**3**



**100%**

**of participants were 29  
years of age or younger!**

## PARTICIPANT FEEDBACK

Participants were sent an evaluation survey after the trainings, below are the results collected:



**Knowledgeable Facilitators**

**100%**

Every participant (100%) agreed that the facilitators were knowledgeable and well-prepared. The session was described as helpful, with clear objectives and content that was easy to follow.

**Materials Distributed were  
Pertinent and Useful**

**100%**

100% of participants indicated the distributed materials were highly pertinent and served to reinforce key concepts, aiding in the learning process.

**What did you enjoy most about the session?**

“Engaging in conversations about the topics and exchanging knowledge and experiences with the group.”

**How will you apply what you learned in your community?**

“By enhancing my personal growth and expanding my understanding of the world, I'll be able to better empathize with others and offer more effective support.”

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