



Peer Connect

Youth Peer Support Training Program



Designed to equip young adults with the necessary skills, knowledge, and practical approaches needed to be an effective youth peer support specialist (YPS) in a variety of settings and to succeed in the workforce.

About the Training

Youth MOVE National's Peer Connect Training Program is a 40-hour training designed to equip young adults with the necessary skills, knowledge, and practical approaches needed to be an effective youth peer support specialist in a variety of settings and fields.



As a social justice oriented, trauma-informed, and strengths-based experience, Youth MOVE National's Peer Connect Training Program applies an intersectional lens to conventional youth peer support training. Our training addresses the stages of human emotional, psychological, brain and socio-cultural development to inform the knowledge, skill sets and world views required to effectively work with the youth and young adult population.

Learning Methods

Mental health, substance use, and holistic wellness is deeply personal to each individual, and thus the curriculum focuses on the following three areas:



Mutual Learning



Skill Building and Practice



Experiential Group Processing

Competencies and skills are learned and practiced using the frameworks of positive youth development, harm reduction, and developmental relationships.

For More Info, Contact Us -
Email Us at info@youthmovenational.org

Youth MOVE National's Peer Connect Impact

Since 2022, Peer Connect has certified

110+ YPS specialists

29 years and younger from diverse backgrounds, communities, and identities who have secured paid positions within the workforce,

preparing youth for leadership within the workforce and decreasing rates of absenteeism and isolation

The presenters were great, knowledgeable and supportive to open discussion. Responsive to questions and flexible in the moment to respond.

- Peer Connect Graduate, Maine

I really appreciate the focus on considerations to keep in mind through this work, such as not jumping to a problem-solving mindset, allowing people space to talk/ listen and validate. Also, the focus on social justice in this work. The concept of resilience has never settled well with me and this presentation articulated that critique very well, thank you!

- Peer Connect Graduate, Maine

Livable wage and steady employment dramatically improve mental health outcomes and increase civic engagement, especially for underserved youth, which is Youth MOVE's focus.

This has led Youth MOVE to work with the White House, set national peer support standards, and use Peer Connect to train the workforce of entire states.

Peer Connect provides youth with tools and space to:

- build leadership skills
- set workforce goals and gain meaningful employment
- develop advocacy skills
- build relationships amongst their peers, reducing isolation.

**For More Info, Visit
youthmovenational.org**

**or Email Us at
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